



# HOW TO HELP YOUR GUINEA PIG AND RABBITS BEAT THE HEAT

## Hot tips for keeping cool



Make sure they always have access to clean, fresh water. Add a water bottle cover to keep cool



Place chopped fruit or veg in an ice tray with some water and freeze until ready



Ensure your pet has shade throughout the day and isn't in direct sunlight



If temperatures are extreme, you can add an ice pack to their hutch or run



During the summer months make sure you remove your guinea pigs and rabbits excess hair by regularly grooming them

## Heatstroke in Guinea Pigs

- + Restlessness
- + Panting
- + Lethargy
- + Excessive salivating
- + Increased heart rate
- + Discoloured gums
- + Convulsions

## Some breeds that are at higher risk of heat stroke

- + Very young
- + Older
- + Long hair breeds
- + Overweight



## Signs of heatstroke in your rabbit include

- + Rapid breathing
- + Hot and/or red ears
- + Wet fur below the nose
- + Open mouth
- + Flared nostrils
- + Lethargy

